

January 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p>If you are Planning to be gone. Please notify us. So, we will know not to deliver a meal on that day. Please call 918-238-3155 asks for Rhonda, Shelia, or Jasmine. Thank You. Menu Subject to Change!</p>		<p>1. Closed New Year's Day Route: Frozen Dinner</p>	<p>2. Coney French Fries Salad Bar Carrot Cookie</p>	<p>3. Beef Pot Pie Pickled Beets Biscuit Banana & Strawberries</p>
<p>6. Pot Stickers Stir-Fry Vegetables Wheat Roll Mandarin Oranges</p>	<p>7. Grilled Cheese Sandwich Potato Soup Crackers Salad Bar Cherry Turnover</p> <p>Route: Frozen Dinner</p>	<p>8. Caregiver Support Group Spaghetti with Meat Sauce Italian Vegetables Garlic Toast</p>	<p>9. B. L. T Sandwich with Fixings Broccoli Cheese Soup Salad Bar Key Lime Pie</p> <p>Route: Frozen Dinner</p>	<p>10. Hamburger With Fixings Onion Rings Carrot Sticks Celery Sticks Banana Pudding</p>
<p>13. Salmon Patty Coleslaw Hushpuppies Macaroni & Cheese Lemon Pudding</p>	<p>14. Breakfast for Lunch Scrambled Eggs Sausage Patty Biscuits & Gravy Juice Salad Bar Fruit Bar</p> <p>Route: Frozen Dinner</p>	<p>15. Ham Slice Sweet Potatoes Peas Wheat Roll Pineapple Cake</p>	<p>16. Taco Salad With Fixings Refried Beans Salad Bar Blackberry Cobbler</p> <p>Route: Frozen Dinner</p>	<p>17. Traditional Dinner White Beans With Ham Spinach Fry Bread Rosy Applesauce</p>
<p>20. Closed For Martin Luther King Jr. Day</p> <p>Route: Frozen Dinner</p>	<p>21. Buffalo Stew Crackers Beets Salad Bar Cookie</p>	<p>22. Liver & Onions Mashed Potatoes with Gravy Green Beans Wheat Roll Cherry Cobbler</p>	<p>23. Meat Loaf Sandwich with Fixings Cauliflower Tater Tots Salad Bar Cookies & Cream Pie</p> <p>Route: Frozen Dinner</p>	<p>24. Smoked Bologna Potato Salad Baked Beans Texas Toast Peaches</p>
<p>27 Stuffed Green Peppers Corn Wheat Roll Oatmeal Cookie</p>	<p>28. Pizza Corn on Cob Salad Bar Tropical Fruit</p> <p>Route: Frozen Dinner</p>	<p>29. Roast Potatoes & Carrots Onions with Gravy Wheat Roll Turtle Pie</p>	<p>30. Chili & Beans Crackers Salad Bar Apple Turnovers</p> <p>Route: Frozen Dinner</p>	<p>31. Birthday Celebration Bingo Pork Tamales Spanish Rice Refried Beans Wheat Roll Cake</p>